



Learn the Shim Sham with SwingColumbus!
SwingColumbus.org

Pro-tip: Everything **starts on the 8-count**.

This is to emphasize the even beats. In jazz, we emphasize the even beats rather than the odd.

First Movement	
Move Name	Instructions
Intro	<i>Hang out, pulse to the song until the chorus begins</i>
Shim Sham Step (3x)	8: Slide Right foot forward 1: Slide Right foot back to center 2: Slide Left forward (<i>shift weight to Right</i>) 3: Slide Left back to center 4: Slide Right foot forward (<i>shift weight to Left</i>) 5: Slide Right foot back to center 6: Slide Right forward 7: Slide Right back to center (<i>shift weight to both feet</i>) <i>This is the "single single double" rhythm 3x: R-L-R-R / L-R-L-L / R-L-R-R</i>
Full Break	8: Step Right foot forward 1: Touch Left foot to Right 2: Step/Swing Left foot to match 3: Touch Right foot to Left 4: Back on Right 5: Back on Left 6: Back on Right 7: Forward on Left
Side Pushes (4x)	8: Step forward on Right 1: Shift weight back on Left (<i>don't move your feet</i>) 2: Shift weight forward on Right 3: Shift weight back on Left 4: Shift weight forward on Right 5: Swing Left foot over Right 6: Land on Left (<i>feet are crossed</i>) 7: Step Right (<i>to unwind</i>) <i>"And you push it and you push it and you... cross over!"</i> <i>This rhythm is done 4x: R-L-R-L-R-Cross Over L-R-L-R-L-Cross Over R-L-R-L-R-Cross Over Cross Over – Cross Over</i>

Tacky Annie (3x)	&8: Jump Straddle (<i>feet wider than hip-width apart</i>) 1: Tap Right foot back 2: Right foot back to start 3: Tap Left foot back 4: Left foot back to start 5: Tap Right foot back 6: Right foot back to start 7: Left foot back—be ready for &8!
Full Break	
Half Break	8: Jump forward on Right 1: Step back on Left 2: Scuff Right heel forward 2&: Catch on ball of Right 3: Step on Left 4: Step on Right 5: Step back on Left 6: Scuff Right heel forward 6&: Catch on ball of Right 7: Land on Left <i>2&3 / 6&7 are “shuffle ball change” swing triplet rhythms</i>
Full Break	
Half Break	
Full Break	
Second Movement	
Shim sham (3x)	<i>Shimmy your upper body this time through</i>
Hold	<i>Freeze for 8 counts</i>
Side Pushes (4x)	
Tacky Annie (3x)	
Hold	<i>Freeze for 8 counts</i>
Half Break	
Hold	
Half Break	
Hold	
Third Movement	

Boogie Back	8: Clap 1: Jump back (<i>tiny jumps so you don't crash into the people behind you!</i>) 2: Clap 3: Jump back 4: Clap 5: Jump back 6: Clap 7: Jump back
Boogie Forward	8: Swing Right foot forward (<i>make a C-shape in the sand</i>) 1: Land on Right 2: Swing Left foot forward (<i>make a C-shape in the sand</i>) 3: Land on Left 4: Swing Right foot forward (<i>make a C-shape in the sand</i>) 5: Land on Right 6: Swing Left foot forward (<i>make a C-shape in the sand</i>) 7: Land on Left
Boogie Back	
Boogie Forward	
Boogie Back	
Shortie George	8: Kick out on Right 1: Throw weight to Left hip, bend Left knee, tuck Right knee into Left 2: Forward on Right, tuck Left knee into Right 3: Forward on Left, tuck Right knee into Left 4: Forward on Right, tuck Left knee into Right 5: Forward on Left, tuck Right knee into Left 6: Forward on Right, tuck Left knee into Right 7: Forward on Left, tuck Right knee into Left
Boogie Back	
Shortie George	
Fourth Movement	
Grab a partner and dance the rest of the song When the DJ shouts an instruction, do it! E.G. "Freeze! Now dance!" "Itches!" "Crazy legs!" "Slow motion!" "Like a zombie!"	